Ryan Royals Running Club 2023-2024 (Keep this page)

Please read all information below:

Hello Royal Families! I am looking forward to another great year of Running Club and know it will be a good way to keep our students active and contribute to their overall health. Running Club is open to all Ryan students in grades K-6 (\*Kindergarteners must have older sibling or guardian present during practice). We meet twice a week before school to exercise our hearts and work towards our running fitness goals. Come join us for a fun season of running with friends, participating in district races, and exercising to build healthier and stronger bodies!

**I will give a Running Club practice start date once all paperwork has been processed, hopefully early November. Running club days will always be on Tuesday and Friday mornings from 7:30 – 8:10 a.m. and will meet on the basketball courts.** Students will line up with their class or play on the playground immediately following practice. Practices will not be rescheduled due to holidays or bad weather. Please provide an email address on the attached registration form so that you can be contacted regarding important running club information, races, cancellations, etc.

We will have three races this year. **There will be NO PRACTICE on race days.** Information and permission slips for races will be available closer to our race dates.

**2023- ‘24 race dates: All races will be at Snedigar Park.**

**\*Thursday, November 30 (\*Host race: volunteers needed. Fulton, Independence)**

**Tuesday, December 19 (Hull, Independence)**

**Thursday, January 25 (Tarwater, Independence, Auxier)**

The fee to participate will be $15 per person and must be paid online via Infinite Campus. I will send a future email regarding when we are ready to process your payment. The last day to turn in the attached registration form is Tuesday, October 31. You will not be able to join running club after this date!

Running Club Registration Form

Please print legibly. The final day to turn in this form to ***begin***the registration process is Tuesday, October 31. No late slips will be accepted.

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**Running Club Registration Form**

**Return to Mr. Angell**

 Student Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

 (First) (Last)

Homeroom Teacher: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Grade: \_\_\_\_\_\_\_\_

Gender (M/F): \_\_\_\_\_\_\_

Shirt Size (check **one**): \_\_\_\_\_\_ Youth Small \_\_\_\_\_Adult Small

 \_\_\_\_\_\_ Youth Medium \_\_\_\_\_Adult Medium

 \_\_\_\_\_\_ Youth Large \_\_\_\_\_Adult Large

 \_\_\_\_\_\_ Youth XL \_\_\_\_\_Adult XL

Parent Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Cell Phone #: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Home Phone #: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Parent/Guardian E-Mail (please write legibly):

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**If your child is in Kindergarten:** My child will be running with:

(Please circle one) Parent or Sibling

My child will be attending running club:

\_\_\_\_\_\_\_\_\_\_\_\_\_ Tuesday mornings only

\_\_\_\_\_\_\_\_\_\_\_\_\_ Friday mornings only

\_\_\_\_\_\_\_\_\_\_\_\_\_ Tuesdays and Fridays

**My child (please print)** \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_, who is in \_\_\_\_\_\_\_\_ grade, has my permission to participate in **Ryan Royal Running Club**. My child has no known medical problems which would prevent him/her from participating.

Parent/Guardian Signature: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_